

## Sex and Relationships provision at King's Oak Academy Programme of Study

We aim to provide your child with high quality SRE education delivered by our trained staff and outside agencies such as Brook Advisory Service and the NHS in Enrichment Days which happen on six days each academic year.

If you wish to withdraw your child from SRE Education please contact the Principal in writing.

Year 7	<ul style="list-style-type: none"> <li>Introduction to sex and relationships</li> <li>Naming body parts</li> <li>Body changes</li> <li>Puberty problems</li> <li>Periods/Menstruation</li> <li>Reproduction</li> <li>Recognising and managing feelings</li> <li>Differences - boys and girls</li> <li>Differences - sexualities</li> <li>Language for sex</li> <li>Healthy relationships</li> <li>Getting help –sign posts to support</li> <li>School Nurse</li> </ul>
Year 8	<ul style="list-style-type: none"> <li>Introduction to sex and relationships</li> <li>Who influences us about sex and relationships?</li> <li>Hygiene</li> <li>Sexual feelings and changing emotions</li> <li>Sexual myths, beliefs and values</li> <li>Gender differences</li> <li>Starting relationships</li> <li>Appropriate behaviour in relationships</li> <li>Introducing agencies and the school nurse</li> <li>Different family models</li> <li>Sign posts to help</li> <li>E-safety and relationships</li> </ul>
Year 9	<ul style="list-style-type: none"> <li>Introduction to sex and relationships</li> <li>Ready or not for relationships?</li> <li>Delaying relationships</li> <li>Contraception and condoms</li> <li>Prejudice and sexuality</li> <li>What makes relationships work?</li> <li>Stages of relationships – making and breaking relationships</li> <li>Religious attitudes to sex and marriage</li> <li>Sex and the law/consent</li> <li>Sexual pressures</li> <li>LGBTQ+</li> <li>E Safety and relationships</li> <li>Sign posts to getting help</li> </ul>

Year 10	<p>Introduction to sex and relationships  Media and on line influences and pressures  Pornography and the effect on relationships in the real world  STIs and HIV  Respect in relationships  Behaviour in relationships  Domestic violence  Ready for sex and peer pressure  Civil marriage  Sex and the Law / Consent  Appropriate behaviours and relationship  LGBTQ+  Religious attitudes to sea and marriage  Different  Sign posts to getting help  Accessing GUM clinics  E-safety / sexting</p>
Year 11	<p>Introduction to sex and relationships  Media and on line influences and pressures  Pornography and the effect on relationships in the real world  Parenting skills  STIs and HIV recap  Respect in relationships  Behaviour in relationships  LGBTQ+  Domestic violence in relationship  Ready for sex and peer pressure  Religious attitudes to sea and marriage  Sex and the Law / Consent  Appropriate behaviours and relationship  Sign posts to getting help  Accessing GUM clinics  E-safety / sexting</p>