

PERFORMANCE AND PARTICIPATION : PHYSICAL EDUCATION



Team Leader [Performance and Participation] : Mr T Warren
Programme Leaders [Physical Education] : Mr J Carter

Aims:

The aim of Physical Education is to prepare pupils physically, socially and psychologically to be a successful lifelong participant of physical activity and lead a healthy, active lifestyle. Throughout a child's Physical Education they will develop a range of skills, qualities and characteristics across a variety of activities to enable them to engage and enjoy physical activity.

Facilities:

- 2 Gymnasiums
- Floodlit AstroTurf – this includes a full size football and hockey pitch
- 6 Tennis courts
- 4 Netball courts
- On-site playing fields

Equipment & Resources:

The PE department is effectively equipped to deliver a range of activities at a high level to ensure all pupils can make rapid progress within PE.

Core PE Curriculum:

The PE curriculum is designed to offer a wide range of activities that will engage and challenge all pupils at all levels. It will develop physical skills, tactics, communication and leadership across key stages. Activities included within the PE curriculum are as follows:

Multi skills, Basketball, Netball Gymnastics, Dance, Challenge, Health and Fitness, Table tennis, Hockey, Football, Rugby, Volleyball, Handball, Challenge, Athletics, Ultimate Frisbee, Rounders, Softball, Tennis and Sport Education & Leadership.

*In year 11 students will be given the option to be part of an offsite PE programme which aims to offer students activities that they can engage in post education and become successful lifelong participants of physical activity.

Examination PE:

This is a four unit qualification to be studied over two years. Students will complete two units in Year 10 and an additional two units in Year 11.

Year 10 Content:

- Unit 5: Training for Personal Fitness
- Unit 1: Health and Fitness for Sport and Exercise

Year 11 Content:

- Unit 2: Practical Sports Performance
- Unit 6: Leading Sports Activities

Assessment:

Assessment on this course is a combination of coursework (75%) and external online testing (25%). For Units 6, 2 and 5 students will be required to complete several assignment tasks to specific deadlines. These assignments will be delivered in a variety of methods; some will be written coursework, others will involve practical performance, whilst some will involve students delivering verbal presentations.

For Unit 1, students will be assessed via an online test.

All assessments are based on FAIL, PASS, MERIT or DISTINCTION criteria.

Enrichment & Extra-Curricular Programme:

As part of our extra-curricular programme we offer a wide range of sports and activities both for recreation and competition. We also have opportunities for pupils to trips and visits to events and fixtures as well as a sports tour to various destinations across Europe.